

Aftercare for Clients following a chemical peel treatment

A chemical peel is a popular skin treatment that can help to improve the appearance of the skin by removing dead skin cells and promoting the growth of new, healthy skin.

After undergoing a chemical peel, it is important to properly care for your skin to ensure that you get the best possible results from the treatment.

One of the most important aspects of chemical peel aftercare is to avoid exposing your skin to direct sunlight. This is because your skin will be more sensitive to the sun's UV rays after a chemical peel, and exposure to sunlight can cause irritation and redness. It is best to wear a hat and use a sunscreen with a high SPF when going outside.

Another important aspect of chemical peel aftercare is to keep your skin moisturized. Your skin may feel dry and tight after a chemical peel, so it is important to use a moisturizer to keep it hydrated. Be sure to avoid using any products that contain alcohol or other harsh ingredients, as these can irritate your skin and prolong the healing process.

It is also important to avoid picking or scratching at your skin after a chemical peel. This can cause scarring and delay the healing process. If your skin feels itchy, try applying a cool compress or taking an antihistamine to reduce the itching.

Finally, it is important to avoid using any exfoliating products on your skin after a chemical peel. This includes scrubs, loofahs, and facial brushes. These products can irritate your skin and cause redness and inflammation. Instead, stick to gentle cleansers and moisturizers to keep your skin clean and hydrated.

Overall, proper aftercare is essential to ensuring that you get the best possible results from your chemical peel. By avoiding direct sunlight, keeping your skin moisturized, avoiding picking or scratching, and using gentle products, you can help your skin to heal quickly and smoothly.